# U.S. Army Public Health Center Army Influenza Activity Report

Week ending 30 March 2019 (week 13)

Influenza Vaccination<br/>Coverage\*<br/>As of 4 April 2019N/ADoD98%Army Active Duty89%Army Guard

84% Army Reserve \*Data Source: MEDPROS, ASIMS, MRRS

#### SUMMARY

The overall number of positive respiratory specimens continue to decrease. In week 13, a 27% decrease in the number of positive specimens was noted when compared to week 12; there were 716 samples in week 12 and 526 samples in week 13. However, a 47% increase in the number of influenza B cases was noted; there were 30 cases in week 12 and 44 cases in week 13. Six influenza-associated hospitalizations with an onset date in week 13 were reported in the Disease Reporting System internet. Two of these cases were Active Duty (AD) Service Members (SMs). Outpatient visits for influenza-like illness in week 13 among AD SMs increased by 15% when compared to the previous week. Leaders should continue to stress the importance of proper hand hygiene and respiratory etiquette in the prevention of respiratory illnesses.

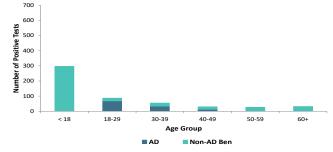


### **GEOGRAPHIC SPREAD**

In the general U.S. population, widespread influenza activity was reported by 33 states. Regional activity was reported by 15 states, and local activity was reported by the District of Columbia and Hawaii. Sporadic activity was reported by Vermont. Guam and the U.S. Virgin Islands did not report to the Centers for Disease Control and Prevention (CDC) in week 13.

#### DEMOGRAPHICS

Positive Respiratory Specimen Results from Army MTFs by Age Group and Beneficiary Status, 2018-2019 Influenza Season



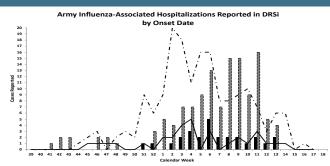
Active Duty (AD): In week 13, 22% (n=116) of the total positive specimens (n=526) were among AD Service Members (SMs). Fiftynine percent (n=68) of the positive specimens among AD Service Members were from individuals in the 18-29 age group.

**Non-AD**: The majority of the positive specimens continue to result from the non-AD population. In week 13, this group accounted for 78% (n=410) of the total positive specimens. Individuals younger than 18 years were disproportionately affected; they accounted for 72% (n=297) of the positive respiratory specimens among non-AD individuals in week 13.

Six influenza-associated hospitalizations, with an onset date

in week 13, were reported in DRSi; two of the cases were AD SMs. There have been 156 hospitalizations for the sea-

## INFLUENZA-ASSOCIATED HOSPITALIZATIONS



- 2017-2018 AD

1000 2018-2019 Non-AD

2018-2019 AD

\*DRSi does not capture cases older than 65 years old for influenza-associated hospitalizations.

son: 27 AD SMs and 129 non-AD individuals.

Additional Resources: Army Influenza Reports; ARD Reports; AFHSB Influenza Reports; NHRC FRI Reports; DoD Pandemic Influenza Watchboard; CDC Kay: II J. Influenza-Like Illness: DRSi- Disease Reporting System Internet: NHRC- Naval Health Research Center: P

- · · 2017-2018 Non-AC

**Key:** ILI- Influenza-Like Illness; DRSi- Disease Reporting System Internet; NHRC- Naval Health Research Center; RSV-Respiratory Syncytial Virus; DEP- Disease Epidemiology Program

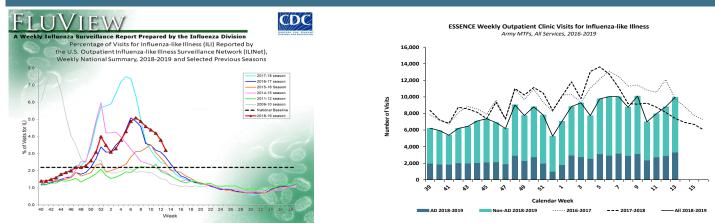


#### U.S. Army Public Health Center Army Influenza Activity Report

#### Week ending 30 March 2019 (week 13)

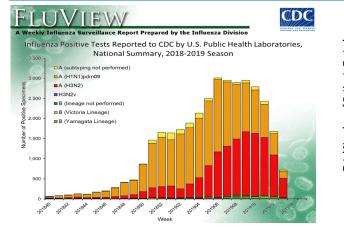
#### **ILI ACTIVITY - UNITED STATES**

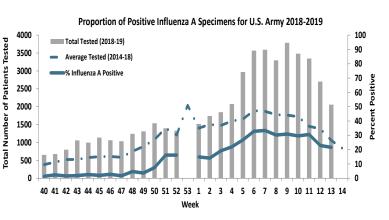
#### **ILI ACTIVITY - ARMY**



Nationwide in week 13, incidence of ILI activity was 3.2%, which is above the national baseline of 2.2%. Regionally, the percentage of ILI outpatient visits reported to the CDC ranged from 2.4% to 4.6%. At Army medical treatment facilities, overall incidence of ILI activity increased by 13% when compared to the previous week. ILI activity among the AD population also increased by 15% from week 12 to week 13. When compared to week 13 of the 2017-2018 season, there were 34% more ILI outpatient visits in week 13 of the current season.

#### LABORATORY RESPIRATORY SPECIMEN TESTING





Nationwide, 1263 specimens were tested and submitted to the CDC during week 13, of which 720 (57%) were positive for influenza. In the Army population, the majority of the influenza A-positive specimens continue to be reported from RHC-A and RHC-C, with 59% (n=263) and 37% (n=163) of the positive specimens, respectively. Influenza A activity was markedly lower in RHC-E and RHC-P, accounting for 4% (n=16) and 3% (n=14) of the positive influenza A specimens, respectively.

		Week 10	Week 11	Week 12	Week 13	Season Total	
Test Types Among	RAT	712	717	391	317	6608	
Positive Influenza A	Culture	27	10	16	4	427	
Specimens	PCR	292	297	211	124	3521	
	Influenza A	1031	1024	618	445	10556	
	Influenza B	30	38	30	44	414	
Army MTF	Adenovirus	19	17	22	9	393	
Laboratory Results,	Enterovirus	0	0	0	0	5	
2018-19	Parainfluenza	10	13	14	7	330	
2010-15	RSV	36	45	32	21	1786	
	Negative	5137	4800	4226	3447	84862	
	Total	6263	5937	4942	3973	98346	

The number of positive respiratory specimens decreased by 27% from week 12 to week 13; there were 716 positive specimens in week 12 and 526 in week 13. All respiratory pathogens, excluding influenza B, decreased in the number of positive specimens from week 12 to week 13: influenza A, adenovirus, parainfluenza , and respiratory syncytial virus decreased by 28%, 59%, 50%, and 34% respectively. Influenza B increased by 47%.

Locations providing week 13 laboratory data as of 3 April 2019: Ft Belvoir, Ft Benning, Ft Bliss, Ft Bragg, Ft Campbell, Ft Drum, Ft. Eustis, Ft Gordon, Ft Hood, Ft Huachuca, Ft Jackson, Ft Knox, Ft Leavenworth, Ft Lee, Ft Leonard Wood, Ft Meade, Ft Polk, Ft Riley, Ft Rucker, Ft Sam Houston, Ft Sill, Ft Stewart, Ft. Wainwright, Landstuhl Regional Medical Center, Korea, Redstone Arsenal, Tripler Army Medical Center, the United States Military Academy, and Walter Reed National Military Medical Center.

#### U.S. Army Public Health Center Army Influenza Activity Report

- 10

0

7.1

7.4

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28

27

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### LABORATORY RESPIRATORY SPECIMEN TESTING

			Influenza	A		Influ <u>enz</u> a	B	Adenovirus			
Region	Installation	No.	%	Baseline %	No. %		Baseline	No.	%	Baseline	
		Tested	Positive	Pos.	Tested	Positive	% Pos.	Tested	Positive	% Pos.	
	Ft. Belvoir	365	28.8	9.5	173	7.5	100	65	9.2	100	
	Ft. Benning	70	4.3	3.3	71	2.8	8.9				
	Ft. Bragg	133	32.3	8.6			100				
	Ft. Campbell	131	17.6	4.7	136	0	17.4			100	
	Ft. Drum	16	43.8	21.4	1	100	100				
	Ft. Eustis	45	31.1	32.1	3	100	100				
	Ft. Gordon	84	25	1.3	83	0	4.3			100	
	Ft. Jackson	52	17.3	2.2	52	0	10.9				
RHCA	Ft. Knox	18	11.1	9.1	18	0	8.3				
	Ft. Lee	40	30	28.6			100				
	Ft. Meade	14	50	9.1							
	Ft. Rucker	8	50	0	8	0	0				
	Ft. Sam Houston	256	15.2								
	Ft. Stewart	51	7.8							100	
	Redstone Arsenal	8	12.5							100	
	U.S. Military Academy	27	29.6	Baseline % Pos. No. % Tested Baseline Positive No. % Positive % Positive<	100						
	Ft. Bliss	208	16.3					21	95		
	Ft. Carson	200	10.5		107	0.0		21	5.5		
	Ft. Hood	169	14.8	-	166	1.8		26	38		
	Ft. Huachuca	6	0					20	5.0		
			-	-							
RHCC	Ft. Irwin Ft. Leavenworth	1 56	100 26.8								
		74								100	
	Ft. Leonard Wood		31.1							100	
	Ft. Polk	49	22.4				-				
	Ft. Riley	70	17.1	-	57	0	-				
	Ft. Sill	40	7.5	4.3			100				
RHCE	Landstuhl Regional Medical Center	30	16.7	29	25	0	8.5	25	0	2.1	
	Ft. Wainwright	29	10.3	1.9	29	17.2	28.3				
RHCP	Korea	37	24.3					14	0	2.6	
	Tripler Army Medical Center	64	3.1							3.2	
				-		-	-	51	_	0.2	
Region	Installation	Ne	Enterovin	1				Ne	1	Beeeline	
Region	Instanation	No.	% Positive			-			-		
	Et Dalvaia	Tested	Positive	Pos.							
	Ft. Belvoir				72	8.3		1/1	4.1		
	Ft. Campbell						100				
	Ft. Drum										
RHCA	Ft. Gordon										
	Ft. Sam Houston										
	Ft. Stewart							10	10	11.1	
	U.S. Military Academy			ļ			100		ļ	100	
	Ft. Bliss							166	2.4	4.3	
	Ft. Carson										
	Ft. Hood				27	3.7		54	5.6	67.4	
RHCC	Ft. Leavenworth								0	50	
	Ft. Polk							7	0	25	
	Ft. Riley							16	12.5	10.5	
	FL C:11								_	-	

Tripler Army Medical Center No.: Number of specimens tested during MMWR week 13 2019.

Landstuhl Regional Medical

Ft. Sill

Center Ft. Wainwright

Korea

RHCE

RHCP

% Positive: Percentage of positive specimens reported during MMWR week 13, 2019.

Baseline % Pos.: Percentage of positive specimens reported in MMWR week 13 during influenza seasons from September 2012 - May 2018.

0

0

0

25

14

52

0

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0

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10.3

1.6

Missing values indicate that specimens were not tested for the disease during the week of interest.

52

High baseline percent positive values may be due to low numbers of specimens tested.

### U.S. Army Public Health Center Army Influenza Activity Report

RHC-P

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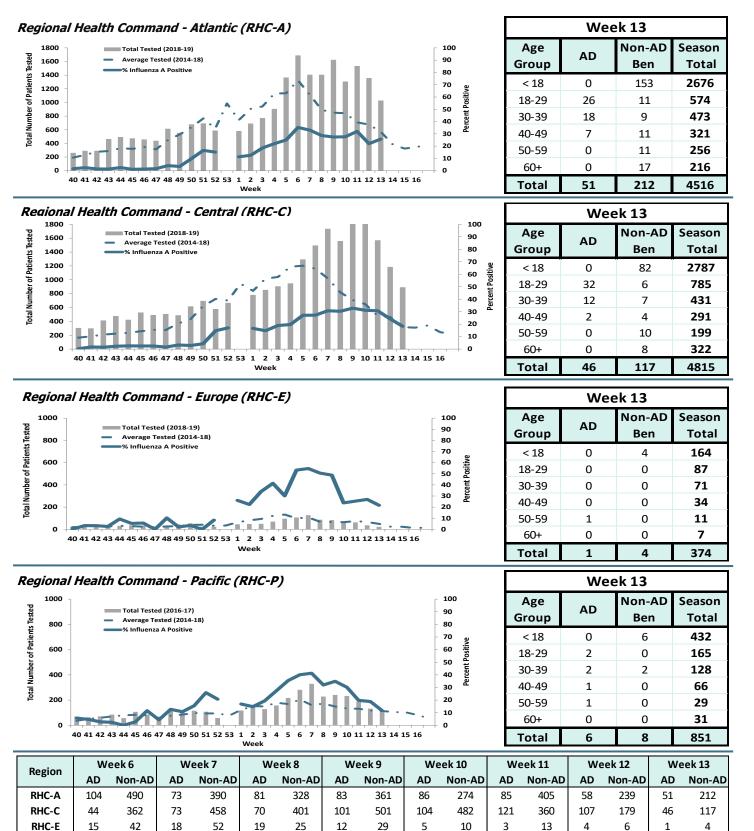
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#### Proportion of Influenza A Positive Specimens by Week and Region, Army Medical Laboratories, 2018-2019 as Compared to 2014-2018



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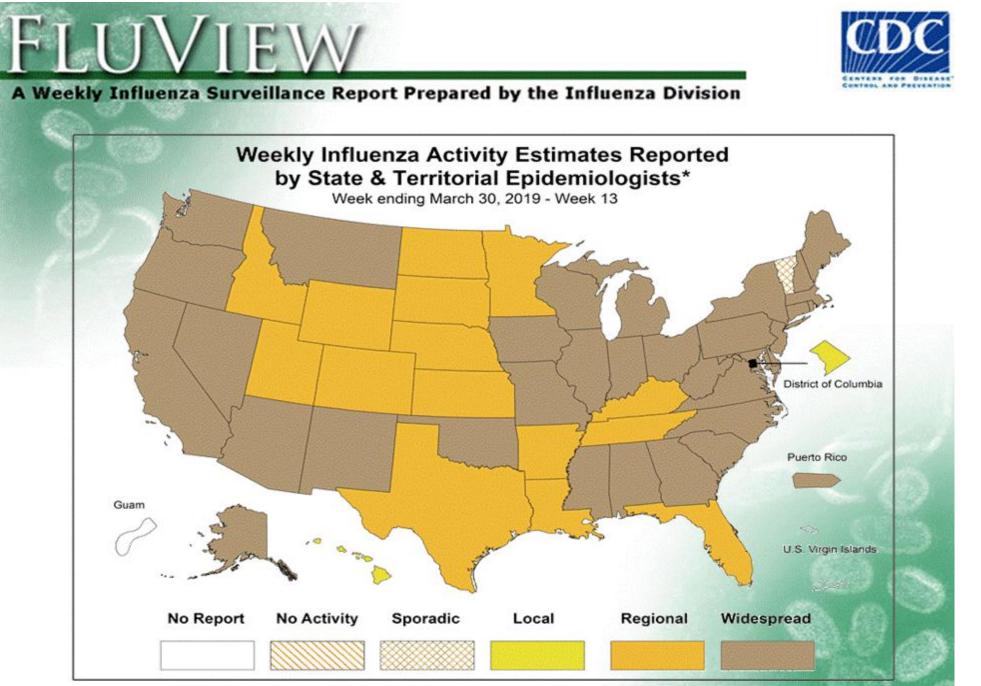
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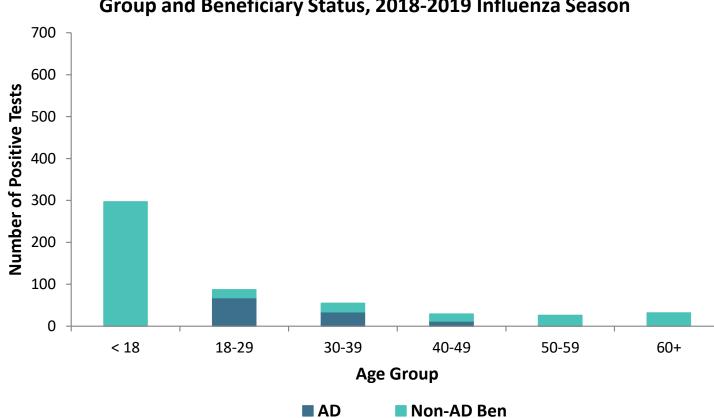
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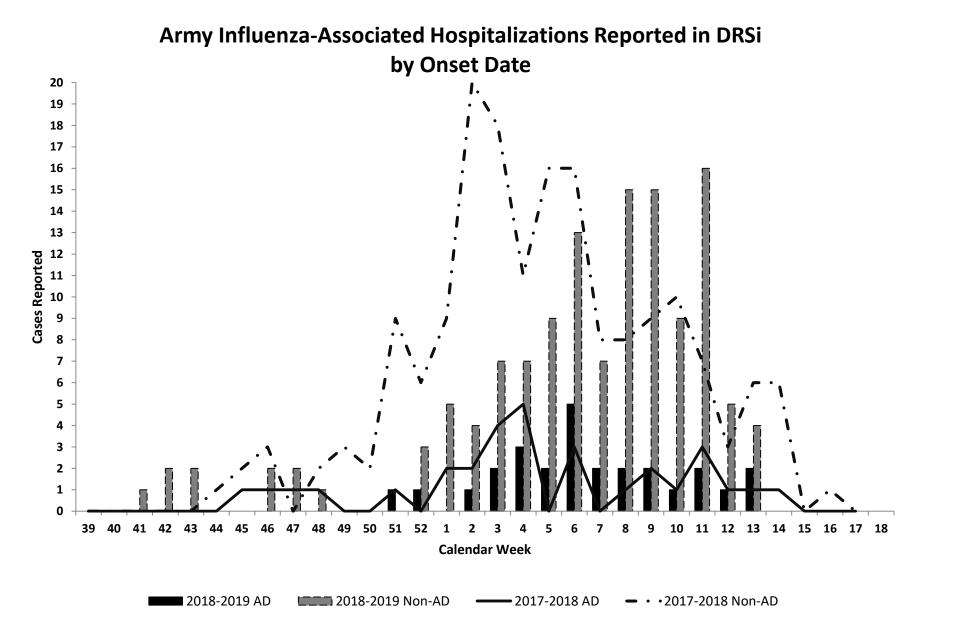
\* This map indicates geographic spread & does not measure the severity of influenza activity



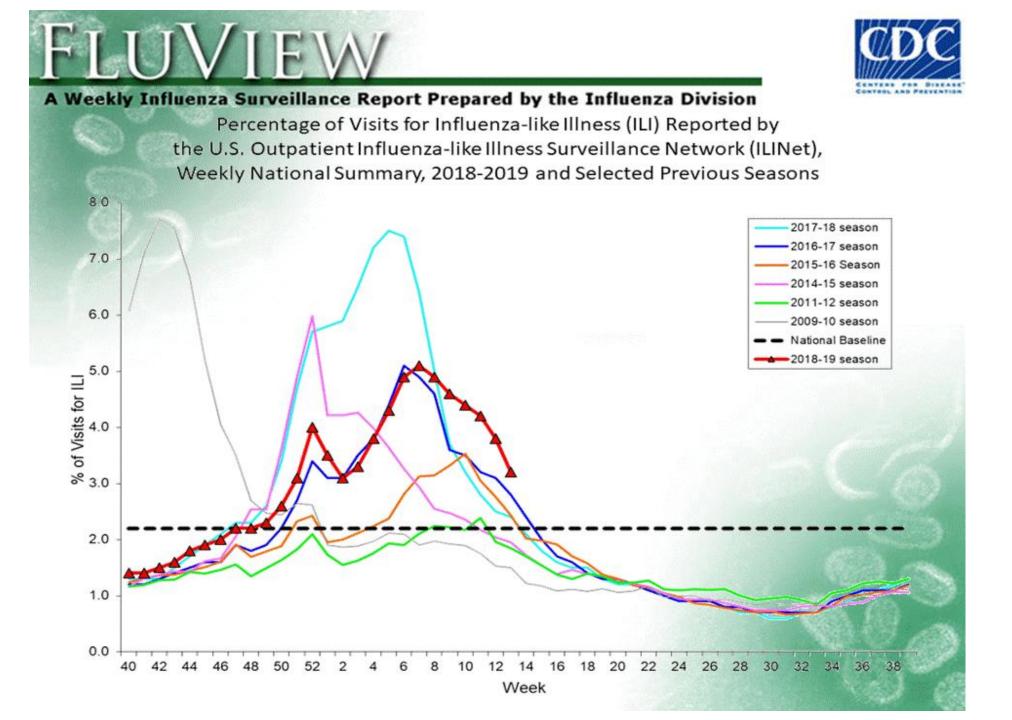
Week 13										
Age Group	AD	Season Total								
< 18	0	297	6059							
18-29	68	19	1611							
30-39	34	21	1103							
40-49	12	17	712							
50-59	2	24	495							
60+	0	32	576							
Total	116	410	10556							

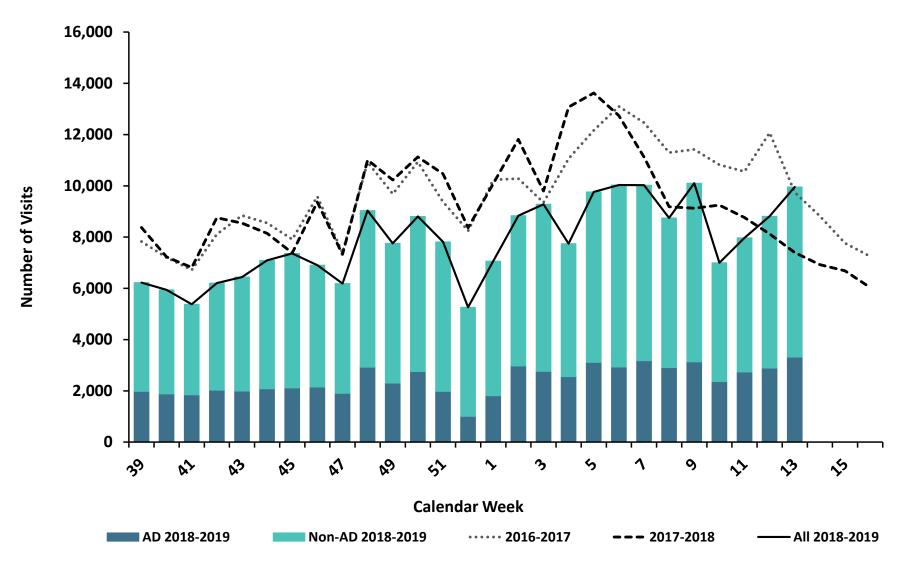
## Positive Respiratory Specimen Results from Army MTFs by Age Group and Beneficiary Status, 2018-2019 Influenza Season





**Note:** Reportable influenza cases are defined as only cases that have been hospitalized and are under the age of 65. See <u>Armed Forces</u> <u>Reportable Medical Events Guidelines and Case Definitions</u> for more information. Data as of 2 April 2019.

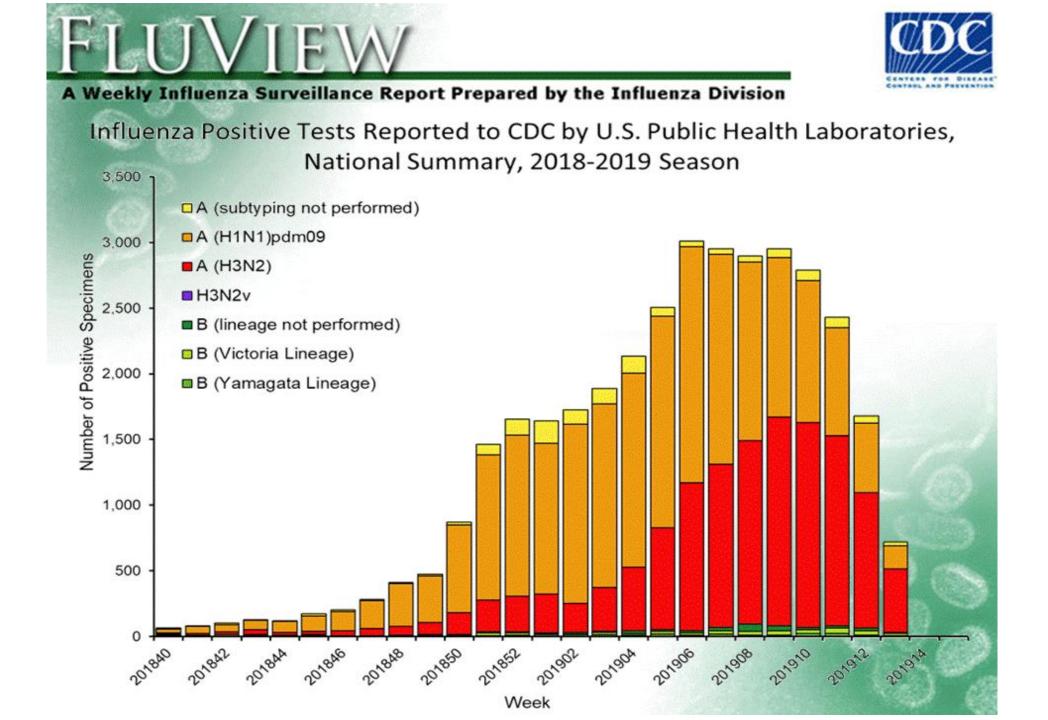


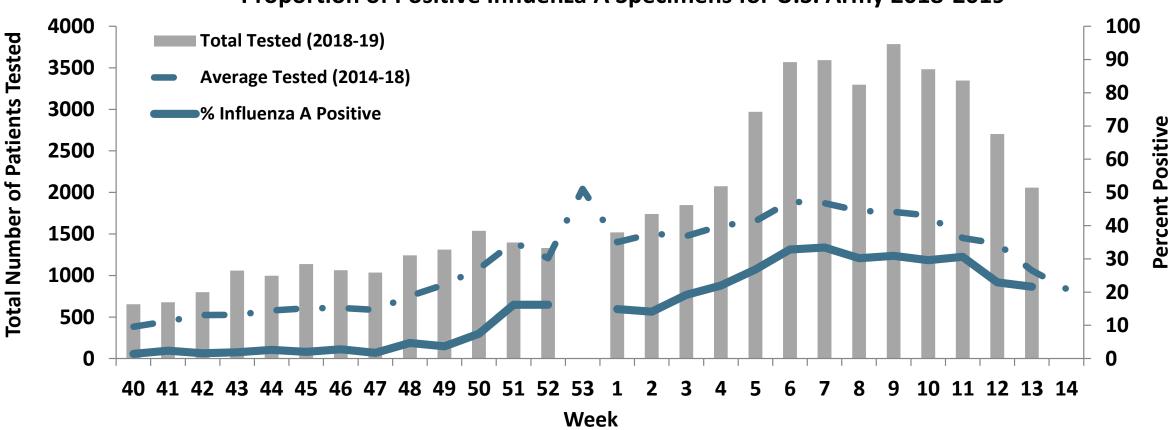


## ESSENCE Weekly Outpatient Clinic Visits for Influenza-like Illness

Army MTFs, All Services, 2016-2019

*Clinic visits for ILI are obtained from ESSENCE. Data as of 3 April 2019.* 





## **Proportion of Positive Influenza A Specimens for U.S. Army 2018-2019**

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	Total	6263	5937	4942	3973	98346

Number of Positive Influenza A Specimens by	Duty Status and Region
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Region	W	eek 6	W	eek 7	W	eek 8	W	eek 9	We	Week 10		Week 11		Week 12		eek 13
	AD	Non-AD	AD	Non-AD	AD	Non-AD	AD	Non-AD	AD	Non-AD	AD	Non-AD	AD	Non-AD	AD	Non-AD
RHC-A	104	490	73	390	81	328	83	361	86	274	85	405	58	239	51	212
RHC-C	44	362	73	458	70	401	101	501	104	482	121	360	107	179	46	117
RHC-E	15	42	18	52	19	25	12	29	5	10	3	13	4	6	1	4
RHC-P	17	96	25	111	14	59	26	58	23	47	10	27	5	20	6	8
CENTCOM	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-